

A woman with dark, wet hair is lying down, wearing large, dark sunglasses. She is unclothed, and her skin is glistening with moisture. The background is a solid teal color. The overall tone is sensual and relaxed.

# **All About WOMAN**

**What Turns Them On**

**How They Really Tick**

**Why They Should Go Nude**

**Where Men Go Wrong**

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# The Ultimate Love Token



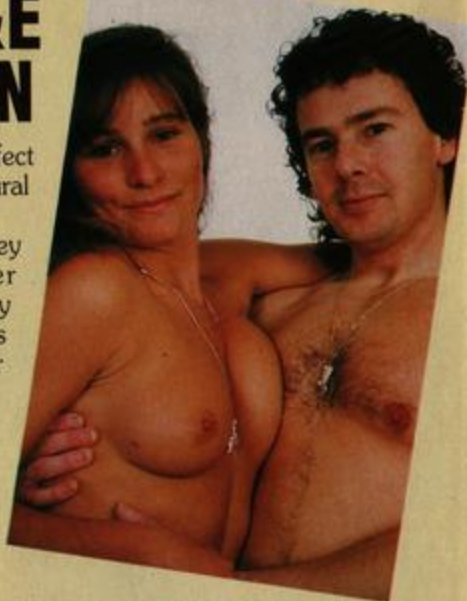
## About the Artist

Norman Marzell, one of London's leading artists and goldsmiths usually works on 'one off' originals. As a young man he worked on jewellery owned by the Queen, and his recent original pieces have been exhibited at Goldsmith's hall and by Garrards the Crown Jewellers.

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*Sun Worship ...*

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*... and harmony*



*... are all contained in our latest naked line up.*

**W**hen I was a Likely Lad just demobbed from the Army, still damp behind the ears, there were two sorts of people: men and women.

Well, despite all my clanking medals, I was not yet a real man and much too silly to have any interest in real women ... and so I wasted a lot of my working-hours day-dreaming about girls.

And, as every Likely Lad knew, there were two sorts of girls: those who would, and those who wouldn't.

Those who would were well-known among us, even notorious, and their names and reputations were lavishly blackened every morning before we could start work.

Mind you, I had serious reservations about a lot of what I was told. Because, for all the many cheerful assurances about the wild enthusiasm of Gert and the unbridled passion of Daisy, quite apart from the galloping nymphomania of young Nellie, every girl I ever had much to do with was most certainly one who wouldn't - not even after a most friendly

night out at the local Odeon and a shared bag of best fish-and-chips on the longest way back home.

Why wouldn't they?

Saving it up for Mister Right, weren't they?

#### **Saving It For Mr Right**

And that's how a lot of us Likely Lads grew up, those were our pathetic values - the way we thought about girls.

Yes, the old Double Standard.

It was accepted (especially by men) that Likely Lads should sow what were laughingly called their Wild Oats, though the girls they eventually married had to be virgins.

The girls with sexual experience were used as unpaid prostitutes, and generally despised: those who kept themselves untouched by male human hand were argued with and sneered at - but at last led simpering down the aisle in white nylon all the way up.

And the moral and social results were disastrous.

Our sexual ignorance was widespread and most men

# **GET TO GRIPS WITH THE NEW SEX**







hadn't got the first clue about more than the crude mechanics of loving intercourse, and left their women desperately stranded on the sterile shores of frustration ... while hardly any woman had much idea of what to expect - let alone what to do to ensure her own satisfaction.

Wham! Bam! With rarely so much as a Thank You, Ma'm!

#### **Takes Two To Tango**

It's too easy and simple to blame men alone for this mess, because it takes two to tango.

Remember that mothers then had more to do with the rearing of their sons than father did. So why didn't they do something to spread the Good News about the exuberant sexuality of women? Why didn't they teach their daughters some of the tricks of the oldest and best game in the book? Why did so many of them accept that all they had to do was open their legs and think of milk chocolates with soft centres?

Again, even these days, far

too many women still use their technical virginity as a bargaining factor, exchanging sexual favours for a semi-detached with mod. cons. Marriage as an economic contract, which is just another form of prostitution.

Mind you, few husbands objected on those bleak terms; because if the wife was indeed a strict virgin with no sexual experience she'd have nothing to compare with their "performance" ... size, skill, or staying power. Thoughts which still trouble many men.

#### **Times Have Changed**

But, as Bob Dylan sang in the early Sixties, "the times they are a-changing" ... and we've now had what's known as the Women's Liberation Movement. The bra has been ceremonially burned, and the other half of the human-race is now officially permitted to exist below the waist.

Women are now demanding complete equality with men, and getting it: at law, at work, in the home, and in bed.

True, most men are better athletes than most women ... though as a member of a

Karate Club who's been thrown about by a twelve-year-old girl black belt I'm not sure how much longer men will be able to boast about their strength and speed.

But women are at least as good as men in the professions - and when I remember some of our judges and politicians I'm sure they couldn't be any worse. When it comes to doctors, nurses, dentists, opticians, teachers, or editors I'd choose a woman every time. And there's nothing to choose between men and women as traffic-wardens or any other job under the sun or moon.

At work, then, women are already on a par with men ... and now it's happening at home and in bed.

#### **Make The Bed Together**

In those old days it was the man who was the breadwinner, who went out to work to earn the money, and the woman who ran the home and brought up the children.

Fair enough ... though house-work and child-rearing are at least as hard and difficult as the easier work of

the vast majority of men.

But now, with more and more women capable of being bread-winners, earning as much as any man, there's no good reason why men shouldn't stay at home and

have a change of lifestyle.

And with more and more husbands and wives both having to go out to work to make ends meet (or to provide the higher standard of living they are now persuaded

they need), there's even less reason why men shouldn't share the house-work and child-rearing. Cooking, washing-up, doing the laundry, making the beds, Hoovering ... all of these can be a pleasure instead of a chore if done together.

Men and women marry for companionship, to live with and love each other ... and how better to love and to cherish than to share all things?

Honestly, it can be as sexually arousing to make the bed together, and share the thoughts of snuggling into its friendly warmth, as it is to reach for each other's happy nakedness in bed itself.

#### **Make Love Everywhere!**

But it's in bed, or under it, or on the bathroom floor, or in the cupboard under the stairs, or behind the sofa, or on the sheep-skin rug in front of the fire, or anywhere else in the house or garden, that new men must embrace new women.

Let there be an end to Likely Lads and their inexperienced sad fumbings, and a start to



***Saving it for Mr. Right.***





the Brave New World!

For one simple example of necessary change, it's an obvious fact of bodily life that most women take far longer to arouse sexually than most men. We all know it, but how many have the patience?

A normally healthy man can start from cold, get an erection, and ejaculate in less than two minutes - and be looking forward to his breakfast before his unfortunate woman has had time to finish the last of her supper. A recipe for disaster.

"Orgasm?" she mutters between frustrated teeth. "What's that?"

Well, those wasted nights are now over, and women are demanding that they be treated with more consideration. They know the name of the game, what it's all about, and how to play by the rules or make their own as they go along.

What's more (and worse for men reluctant to change), they now have standards of their own to judge by: they've had sexual experience, and

know what total joy it can be when they're aroused.

"Orgasms? How many shall we have?"

Which means that men will now have to respond to this challenge, because if they don't they'll have to whistle for it in the dark.

The new woman knows the words for what she's got and what she wants, and isn't frightened about using them - so she'll tell you what and how and where and when. Which, at first, may be worrying if you aren't used to simple words for such delights. Until you begin to see that her freedom also grants you yours: the freedom to use equally simple words to describe the caresses and movements you'd like her to try on you ... so that you can scamper together along the primrose path to the Promised Land!

Men and women have nothing to lose, and everything to gain, by learning to satisfy each other in every way possible.

So make it new!

Ever tried it under a hot shower?

If not, why not?

## WHAT DO WOMEN WANT IN A MAN?

The basic physical appearance is often not as important to a woman as the attention paid to grooming!

So keep your body and your underwear clean - don't sling on yesterday's socks and hope she won't notice - she will.

Success is attractive to a woman too. This does not mean you have to be a highly paid yuppie, success can come in many forms. You may have some particular gift in music or sport, you may be a 'natural' as a good father, or perhaps you shine on the dance floor, to give a few ideas.

Show an interest in her. Don't just prattle on about your work, your bike, or (even worse) your ex-girlfriend.



*Naturist Kissogram?*

# WOMEN:

**H**ow times have changed! A decade ago most women would have become vehemently angry at the suggestion that any woman was a 'sex object', but these days we all seem much more relaxed about things. Indeed, ten years ago I would have had problems finding women who were willing to discuss such things frankly, but in 1992 not one of the women I approached was at all nervous about sharing her views.

Cheryl is an ex model who now makes a living on the dance circuit in the Arab states. She is paid four times as much as she would receive in Europe to perform modern dance routines in a variety of scanty)but still 'respectable' costumes. She also has a fine collection of jewellery and trinkets which have been given to her by admirers - so how does she feel about being a sex object?

"Sometimes I'm really surprised at the kind of attention

I get when we're on tour, I consider myself a good dancer, but I'm not typically pretty. Sometimes it's very hard to accept that these rich and powerful men who come to see the cabaret are fantasizing about us. We're just ordinary girls. They may be worth millions but to them we are the glamorous ones.

It's very different to the

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## We are the glamorous ones.

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pub'n'club circuit in the UK where the crowd will often poke fun at the dancers. Here we get applauded and presents are always being sent to the dressing rooms. Nearly every night there will be a chauffeur driven limousine waiting outside for one of the troupe, if she's willing to take the risk of supper with an admirer!"

So if being the subject of so much desire is so rewarding, why



# As Sex Objects

does Cheryl talk in terms of 'risks' and why does she keep coming back to the UK?

"Because being a sex object isn't all fun. It can be very lonely and very dangerous. Although the Arab men do admire us, there is no equality between the sexes, and any girl who fell for

one of them is likely to find herself dumped after a few weeks of sex and presents, because these men have a complete double standard. If a woman likes them enough to have sex with them, then they will drop her because she is no better than a whore!

So you soon learn that you're going to have a lot of lonely evenings sitting around your hotel - it's better than risking the loss of your reputation or self

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## A complete double standard.

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respect! Without a doubt."

Perhaps many of us would enjoy a little of the adulation that Cheryl gets when she is on tour, but Jenny, a police officer in her mid-thirties, feels that Cheryl lives in a dying world.

"These days a woman needs to have a lot more than good looks to get on in the world. When I first joined the police there was a lot of silly behaviour that would be called sexist today. The men used to try and guess what type of underwear the female recruits wore; then they'd make us do some kind of assault course or something similar so that they could get a look at our knickers: I think they even used

## WHEN DO I MAKE A MOVE?

Just because she asks you in for a coffee, after that romantic meal for two, doesn't mean she's giving you the green light for a roll on the bed. She could just be being polite.

It's better to take things too slowly than too fast. Learn to pick up on body signals and get hints from the conversation.

Did she say her last boyfriend never thought of anything but sex? She's obviously not keen, or at least she wasn't with him. Did she choose to sit close to you on the settee, or did she plonk herself in an armchair on the other side of the room?

Once you've got to know her better, you'll automatically know when to move onto more erotic matters.



*Outnumbered, but still an equal.*

## APHRODISIACS

Forget all about the oysters, the Spanish Fly and the asparagus.

The things that are most conducive to a stimulating and exciting time with your chosen partner are more simple.

Your time and your attention are two crucial pointers. Don't rush in from work, make a few loving overtures and then ask if she thinks she can fit in a quick one before you go out to the pub.

If *she's* in a cuddly mood and snuggles up on the sofa, don't reach for the remote control so you can hear the match as well as watch it over her loving shoulder.

Gifts of flowers and chocolates, or bottles of bubbly can all pave the way to a delectable interlude, as long as she doesn't think you're feeling guilty about something.

Low lights and soft music may be old hat, but they work!

to bet on the outcome.

In those days we were only given jobs like interviewing runaways or typing reports. But now, with a lot of media attention given to women and their problems we are able to play a more active role. For instance, all policewomen in my area have had special training to help rape and assault victims. We always used to be present when women were involved, but now we counsel men who have been assaulted, and we find that we get a better response than a male officer would, we don't seem as threatening or judgemental as they do.

On the other hand, we do get a certain amount of trouble in pubs or at football matches. For some reason there are a lot of men who have an urge to embrace policewomen - I think it's the

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### Taking bets on our knickers.

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uniform that turns them on!"

Vidya knows all about uniforms; by day she studies medicine and by night she performs as a kissogram girl. Her Indian father would be horrified to discover the way in which she

earns her spending money!

"Being a kissogram is very strange - it's like being every man's ideal woman. I think what men like most about it is that the girl in question is completely anonymous, they don't have to make conversation with her, or try to impress her, they have carte blanche to have a kiss and

a cuddle without there being any romantic entanglements.

Also the clothes are very corny and stereotyped, the 'French Maid' and the 'Leathergram' are simply teenage fantasies brought to life. Because the clothes are so obvious and unthreatening the clients see us the same way.



*Can't choose between them ...*



We're not flesh and blood women with needs or desires; we're just like rubber dolls that they can do what they like with.

I suppose its a very diluted version of visiting a prostitute, if they're paying for our time then they can make all the rules and we just have to smile and go along with what they want. Its not very healthy for men to have that kind of attitude, but I notice that the younger the man, the less chauvinist he is.

I did a stag night recently for another medical student and he was really sweet, he asked me not to kiss him on the lips because he thought that should be reserved for his bride! He asked me if I liked my work and then he told me how much he was looking forward to the wedding and seeing his fiancée in her wedding dress for the first time. He was very romantic but not at all soppy, he really enjoyed the kissogram but he didn't make me feel degraded about doing it.

On the other hand I did a promotion party for a man in his fifties and he and his cronies were like a pack of animals! I came out black and blue and I was really shocked at some of the comments that were made. It

wasn't so much that I was a sex object as just an object - it didn't seem to occur to them that I could hear and understand what they were saying."

So it seems there are just as many women as ever who are prepared to take on the role of the sex object, but their reasons for doing so are very different. A few years ago women seemed to have no choice, but now it is more often a career women like Vidya who will readily admit that

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### Teenage fantasy bought to life.

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she sees herself as exploiting a male weakness rather than being a victim of male passions.

Whether they are exploiting or exploited there seems to be no falling off in the number of sex objects available to men, but Vidya has the last word, "I see myself as being like Madonna, what I do is sexy, but I do it to please myself, not the men. And if they get too pushy or I don't like their attitude then I have the right to answer back - I'm no passive victim, I'm proud to be considered sexy, but it's still my right to say when, where and with whom I want to get sexy!"



*I've got no shortage of admirers.*



## IN THE MIRROR - YOUR APPEARANCE

1. WHEN A WOMAN IS INTRODUCED TO YOU  
WHAT PART OF YOU DO YOU THINK SHE  
LOOKS AT FIRST?

- A. Hands
- B. Eyes
- C. Shoes

2. WHAT UNDERWEAR DO WOMEN  
CONSIDER MOST SEXY?

- A. Boxer shorts
- B. Y Fronts
- C. Nothing at all!

3. IF YOU WERE GOING ON A VERY SPECIAL  
DATE, WHICH OF THESE WOULD YOU DO?

- A. Have a thorough bath or shower.
- B. Splash on the after-shave.
- C. Trim and clean your fingernails

1. A = 2 B = 3 C = 1 (90% of women consider eye  
contact as the most important part of a new  
relationship!)

2. A = 3 B = 1 C = 2 (Y fronts were recently voted  
the most unattractive garment ever invented, in a  
questionnaire in a women's magazine)

3. A = 3 B = 1 C = 2 (Of course you should do  
them all, but over 30% of men over 40 claim that  
applying after-shave is as good as having a wash!)

## HOW DO WOMEN

### THE HEAD - WOMEN AND WORK

1. MOST WOMEN WOULD PREFER  
MAKING A HOME FOR THEIR  
FAMILIES TO WORKING FOR A  
LIVING?

- A. True
- B. False
- C. It depends on the woman

2. WHY DO MOST WOMEN WORK?

- A. Financial need
- B. Job satisfaction
- C. To pass the time until they get  
married

3. WHAT SORT OF WORK DO  
WOMEN DO BEST?

- A. Caring work like nursing,  
teaching children etc,
- B. Creative work like cooking or

sewing

- C. Precision work like electronics  
assembly

1. A = 1 B = 2 C = 3 (Over 35% of the  
female work force claim to work  
because they prefer it to being at  
home).

2. A = 2 B = 3 C = 1 (If you said (c) you  
need help!)

3. A = 2 B = 1 C = 3 (Although many  
women claim to prefer 'caring' careers,  
more and more firms are recruiting  
women for engineering and assembly  
jobs where quick reactions and manual  
dexterity are important. In some  
countries RADAR surveillance is  
carried out by women because their  
eyesight is so much sharper than  
men's)



# WHEN SEE YOU?

## BETWEEN THE SHEETS - YOUR SEX LIFE

1. ALL WOMEN ARE CAPABLE OF ORGASM, BUT SOME ARE TOO REPRESSED TO ENJOY SEX?

- A. True
- B. False
- C. It depends on the skill of their partner

2. WHICH OF THESE STATEMENT IS CLOSEST TO EXPRESSING A WOMAN'S ATTITUDE TO SEX?

- A. Sex is an instinctive thing like breathing
- B. Sex is a shared experience like tennis
- C. Sex is a way to express your feelings for your partner

3. WHAT DO WOMEN FIND MOST SEXY IN A MAN?

- A. A sense of humour
- B. Good looks
- C. Money

1.  $A = 1$   $B = 3$   $C = 2$  (Recent research suggests that a woman's ability to orgasm fluctuates with her mental and physical condition, not her partner's prowess!)

2.  $A = 1$   $B = 2$   $C = 2$  (A trick question I'm afraid! Ladies over forty tend to say C, but the 20 - 35 year olds are more likely to E\* for B!)

3.  $A = 3$   $B = 2$   $C = 1$  (Comedians regularly top the bill in women's sexual fantasies, Bert Reynolds and Charlie Chaplin are both examples of the sexy 'funny man')

## THE HEART - ROMANCE AND RELATIONSHIPS

1. WHAT DO FLOWERS, DOVES AND BELLS MAKE YOU THINK OF?

- A. Weddings
- B. Funerals
- C. Nothing at all

2. WHAT DO YOU CONSIDER TO BE THE IDEAL VALENTINE'S DAY PRESENT TO GIVE YOUR LADY?

- A. Sexy underwear
- B. Chocolates
- C. Something amusing like edible panties

3. HOW NECESSARY IS ROMANCE TO A SUCCESSFUL SEX LIFE?

- A. Sex and romance are inextricably linked
- B. Only women need to dress up sex with romance
- C. Romance is what dies as soon as you start to live together

1.  $A = 3$   $B = 1$   $C = 2$  (Most women have a much higher level of symbolic imagery about love than most men, that's why anniversaries and birthdays are so important to them)

2.  $A = 3$   $B = 2$   $C = 1$  (Perhaps surprisingly, today's women prefers black lace to Black Magic Chocolates!)

3.  $A = 3$   $B = 1$   $C = 2$  (For women A is truer than it is for men, who can divorce sex and romance in their minds, if C is true of your relationship, try reading some of the other articles in this booklet!)

## PROBLEMS, PROBLEMS

Even couples whose eyes met across a crowded room and have remained stuck like glue to each others for ever after have their problems.

The difference between them and the couple next door who practically spit at each other every time they pass on the stairs is that the first pair have learnt to resolve their problems, whereas the second can't see the wood for the trees.

It's important to talk out a problem between you as it arises and not let it fester (unless time is a cure in itself), and nowhere is this more important than in the sexual zone.

Let's say one or the other of you has gone into a phase where you're just not interested in sex. Or, maybe the brain's interested, but the body doesn't seem to give a damn. For the man, this may be a temporary failure to achieve an erection.

For a woman, there are no such obvious physical manifestations. But lack of libido can be equally soul-destroying to her, especially if perhaps it coincides with her menopausal years. Indeed, a time such as this could be the trigger, as she may be feeling fear at the assumed loss of her attractiveness and desirability. If a woman doesn't feel good about herself, she can quickly lose the sexual response.

Many other factors can trigger a period like this. Worries about money, about the children, or work, or elderly parents perhaps. Not necessarily things that bubble to the surface of her conscious mind, but all nibbling away under the surface.

It's no solution to simply add another worry - that of a lack of desire - to all that. But by just owning up to it and then perhaps realising some of the events that have led up to it, the day (and your sex life) may be very quickly saved.



*What do women need from men?*



# KEEP RELATING

**A**fter reading your way through all these articles you're probably wondering whether a relationship is even worth the trouble, or whether joining a monastery isn't really the best idea you've had for a long time. But before you sign up for celibacy - remember that few things worth having come that easily. It is also worth bearing in mind that the relationship between the sexes has been a subject for controversy and discussion for several decades

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**We all knew where  
we stood.**

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and that very often the result of such exploration is a muddying of the waters.

One of the major problems that we experience when trying to understand and relate to the opposite sex, is that we have more role models today than ever before. A hundred years ago



*There are more rôle models these days.*

life was easy - men acted like men and women were expected to behave like women and at least everybody knew where they stood.

In the modern world we can choose between Princess Diana and Grace Jones, Madonna and Doris Day. We are all told that we are free to be ourselves, but we get very little help in deciding

who and what we are!

Men don't find it any easier to choose a path through life; we have wild men like Warren Beatty who suddenly become doting parents, we have childhood heroes who develop AIDS, and strong men who were once considered the archetypal 'he-man' who suddenly admit to bursting into tears and wanting to

be cuddled! So how can anyone find a path through the maze of contradictions that see's to surround us?

One answer that is handed out like aspirin is 'emotional

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**Relationships like  
battlegrounds.**

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honesty', which means we should never tell lies to our partners. On this basis we are supposed to be able to speak freely and express our innermost feelings without fear. The result of this, we are told, is that our relationships will become open, honest and based on mutual trust. In truth, our relationships are unlikely to withstand such brutal honesty, and even if they did they would become more like battlegrounds than anything else!

Just imagine if we all spoke with complete candour, and answered our partner's questions without those little white lies that act as the glue in anybody's life - "Did I like my dinner? No, to be

honest I thought it tasted like cardboard!" "Do I mind if you go out tonight and leave me to baby-sit the kids? Yes I do, I think you're being completely selfish and insensitive!" "Won't it be lovely to have your best friend staying with us for a week? No, it won't, and the only way I shall be able to cope is to work late every

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## Lie through your teeth.

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night and leave home early every morning!" It doesn't really work does it?

Of course honesty is vitally important, but it isn't necessary to flay your lover alive with your honest opinion on every occasion. We all need to be bolstered from time to time, and one of the signs of a healthy relationship is knowing when to build your partner's ego and when to gently deflate it!

This kind of behaviour is not dishonest as long as it is done with love - after all, if your lover has had a rotten day at the office, the kids have got measles and someone poured paint stripper over the bonnet of her car, it's hardly fair to expect her to produce a Cordon Bleu meal!

If she's done her best and it still tastes like cardboard, the only thing to do is to lie through your teeth and ask for a second helping, the indigestion that you get will be as nothing compared to the row that will result if you tell her the truth!

Perhaps a better way of coping would have been to offer to help with dinner, or to pick up a take-away meal on your way home from work?

One of the things that many women complain about is that men seem to settle into a routine that they hate to have disturbed. If you always come home at the same time, watch the same programmes on television, eat at the same time at night and go to bed at a certain hour, then you are setting up a pattern of boredom and sterility that will eventually lead to problems. It does seem to be true that men prefer to stick to a rigid routine in their domestic lives, and that many women find this unsatisfying.

The answer, if you really don't want to change your lifestyle, is to make sure your partner has the opportunity to change hers! If you set aside one evening a week when you cook for yourself, then she can enjoy an



*Submissive or waiting to spring?*





evening class or night out with the girls without having the feeling that she has to dash home and take care of you!

If you have young children and your partner doesn't work, please remember that the only adult conversation she will hear all day is yours - you may be happy to slouch in front of the TV, but she may need to talk to someone whose vocabulary is wider than a four year old's!

So flexibility seems to be important in a modern relationship, alongside the ability to judge when your lover needs some help, physically or emotionally. What else? Well the old saying about sex being 10% of a marriage when it's going well and 90% of the problem when it's going badly is certainly

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### Different response to love and sex.

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true! As you will have realised by now, men and women do seem to have very different responses to sex and love, and these differences should be understood by both sides if a sexual relationship is to work.

Sex is not something that just comes naturally, we can all

improve our partner's enjoyment (and our own!) by using our imaginations, our feelings and our intelligence.

Most of us could probably swim if we fell in a river, but very few of us would dream of jumping into the water without a few lessons! The same is true of sex, we can learn a great deal from books, not just about 'what goes where', but also about the physical responses of men and women and how they differ.

We can learn from our 'other half' by listening to what they say, and by asking direct questions about whether or not they enjoy certain things. We can learn about ourselves by observing our reactions to things too, and often the easiest way to make sex better for both of you is to start by being honest with yourself!

What other ingredients are there for a happy relationship? Freedom is one of them, and is perhaps the most difficult to define, and the easiest to lose. That spice of novelty and excitement is what is so compelling about it - but time and routine can wear it away! Be independent occasionally and break the pattern - it can be a useful release for both of you!

## EXTEND YOUR HORIZONS

These days, anyone who has full sex on a casual basis unprotected is a dangerous fool. Make the most of other sexual possibilities.

Masturbation is great - for men and for women - and that is one activity you can enjoy together.

Learning to please your woman through oral or manual stimulation can be a wonderful exploratory process. So can the safe use of sex aids.

Of course on an early date, it's not a good idea to rush at the object of your desire wielding vibrators and love balls unless she has already expressed an interest.

Many women still suffer a lack of confidence about expressing their sexual wishes. Use gentle encouragement. *Don't laugh* when she finally suggests dressing as a French Maid, even though she's built like a bus and of antique value. You'll still love it.



# WHY WOMEN SHOULD GO

**W**andering up the garden, naked and alone on a moonlit night, revelling in nature, is not naturism, unless you are a naturist of course. Rolling around on the hearth-rug with your nearest and dearest is not necessarily naturism either. (I quote this because men say to me 'My wife will do it with me, but she won't come to the club.')

My personal definition of naturism is: people meeting socially with no clothes on. When I became a naturist, I was already a member of a sun club. I'd gone to Liverpool Sun and Air Society to join, but the weather was not

ago and clubs were like that then!)

So my naturist card was in my bag ready for use when two male friends invited me to Rhosneigr Beach on Anglesey. The beach – I've never been there since – was incredible, a wide sweep of golden sand between two headlands. It was absolutely

***Naturist Women gain a respect and friendship unequalled in 'dressed' circles.***

***Susan Mayfield explains.***

deserted and the day was hot and sunny. The day was promising.

We found a place at one end

of the beach, not far from the water and spread our towels. One friend started undressing. He was not in the least self-conscious and I remember he wore white aertex underpants, nothing could be less sexy! This is it I thought, and took my clothes off. Neither of them looked at me and I lay face-down on a towel.

The sun tan oil was produced and rubbed into my back. Here goes, I thought, here come the naughty bits. I was ready to leap up, slap somebody's face and run off. But nothing like it happened at all. It was not a sexy situation – we were all naturists.

Really, it was the attitude of the two men with me that defined what we were doing. They were good friends and treated me with great respect. And yet it was lovely to have them queuing up



***Net yourself a nudist.***

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## RESPECT

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wildly warm. A game of miniten had got the blood flowing a little, but I had only gained enough confidence to be down to topless when I was summoned before the committee for my interview. (This all took place a long time



# NUDE

to take me places and then rub the oil in when we got there! I was free to do exactly what I wanted and still be liked and appreciated.

I got up and walked to the water's edge, paddled a little. I felt so brave! Later, other people

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## SAFETY

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arrived at the beach and it all turned into a wonderful day. I remember getting sunburn on the soles of my feet – they itched for five days afterwards.

My "itchy feet" have taken me to many naturist places since then, and men have always treated me with great respect (as well as appreciation, humour and gallantry of course!) The first time I took a party of H&E readers on holiday to Yugoslavia, I looked at the list of names before I went and wondered if I would get in a scrape with any of them, there were many single men. It has always gratified me to say – 'They were all perfect gentlemen'.

They were so pleased, even



*Why aren't more women peeling off?*



*I love all this attention!*

grateful, to have company. I've been made so welcome in naturist places, single women have a wonderful time. Sometimes the temptation to 'hold court' has been overwhelming, and I've found myself sitting on the beach, (or at a table in the bar) surrounded by admirers who hung on my every word – I revelled in it!

I'd never experienced anything like this in the 'textile' world – 'the outside world' as I prefer to call it. The standards of the outside world are not those I understand. Of course, I've seen women admired by men, but it seemed to me they were admired for specific attributes which made the admiration of a fetishistic nature, rather than the natural admiration of a man for a woman that flows out of naturist men.

## VIOLENCE

For example, a woman might be admired, or made a pin-up of, because of large breasts (often coupled with a pouting mouth). Sheer youth is always in demand, never wit or intelligence, or a sense of humour. Sometimes the messages the clothes give off are admired, the black stockings, the very high heeled shoes. For

goodness sake, did none of the males concerned like women for their own sakes, their own personalities?

Because I preferred bare legs and no make-up, because I never spent money on expensive clothes, because I strode about in sandals and tee shirts, because I

## UNIQUE

found an evening mending an old motor bike, or trying to write computer programmes, or arguing over the origin of the universe, more enjoyable than being whisked to a disco in a Vauxhall, I was never in demand by textile males. (Added to that, my breasts were small, my age older than 18, and they thought I was weird because I liked to take my clothes off! I honestly think a man who says 'I think women look more sexy in black stockings/tiny bikinis/rubber dresses than in the nude' are fetishistic and perverted!)

Another great difference between life in naturist circles and in other places is the safety factor. In the outside world, women are never safe from men. Some men find this hard to understand, thinking that women have it all – they earn their own



living and only have to snap their fingers for men to come running. But any woman will tell you of the small but uneasy sense of never being quite safe anywhere, simply because she is a woman and for no other reason.

This sense of fear is always with us in the textile world. (Some men tell me they slow down when walking behind a woman, in case the hurrying footsteps when they quicken their pace to walk past her, might frighten her, but it's equally as frightening to sense someone lingering behind you and never catching up.) Even walking the dog in the park in bright sunshine can make a woman nervous, just why is that man on the park bench sitting looking at her?

Of course, night-time violence towards women is well documented and the feminists of London have even started an all-woman taxi service, for absolute safety. Women have been

## DIFFERENCE

advised that if they don't want to get attacked, they shouldn't go out on the street, but why on earth shouldn't a woman go out to see friends and come home at midnight on the bus, or even



*The shades parade.*

walking? It's a free world isn't it? (And let's face it, violence from men towards women on the street will only end when men stay at home. They're the ones doing it.)

If the worst does happen, and a woman's attacked or raped, her ordeal has only just begun and she has to relive it many times. Even in court the prosecution will try to prove she somehow brought the attack on herself, usually saying that if she wore attractive knickers (held up in court to prove she was 'asking for

it') she could expect to be assaulted couldn't she?

I ask you - what is the only place in the world where a woman can wear whatever she likes, and walk around naked if she wants, without this sort of insulting treatment from men? Yes, you're right. The answer is - a naturist club.

I love the club life because, as a woman, I am absolutely safe. I can be 'just myself' with confidence. I can be naked, I can rub in oil or ask someone else to

do it, I can even wear sexy knickers or see-through dresses on occasion and know, with an utmost certainty I will never find anywhere in the outside world, where I am so safe.

Naturism, I believe, is unique in

## ADMIRER

this. In no other places in the world, are women treated with such respect, reverence and friendliness as in naturist places. Without our clothes, naturist men immediately see past the weird trappings of femininity that exist in the outside world, and see us as people first and bodies second.

I relish the sense that I'm liked, admired (and yes, lusted over sometimes), but always treated as a person, treated with respect, and always, always absolutely safe.

The respect that women receive within naturism is not just in England. When I've travelled, I've talked to men of all nationalities and they had the same unique attitude towards naturist women - a mixture of admiration, interest, friendship - and respect.

In naturist circles, at least, it's a case of 'Vive la Difference' with a difference!



## GETTING DOWN TO IT

Make the most of foreplay - learn to hang on a bit before the plunge. It's hard to believe when you just want to get your rocks off, but prolonging her pleasure can be extra stimulation for you too.

Don't zoom in on her breasts, clitoris and vagina straight away. Build her anticipation by confining your kisses and caresses to everywhere but those places to start off with.

It's common for women to feel guilty about enjoying sex, to have a fear of discovery, or to worry that the children or the neighbours may know what she's up to. So, remember above all that your sexual overtures are designed to relax your partner as well as stimulate her.

Before you know it, you'll have a raging tiger on your hands!

# COMMUNICATE!

**Leigh Clarke tells you how to talk to your naturist woman once you've found her. Follow his advice and all will be lost!**

**Y**ou are likely to be arrested by the police if you go around asking women if they are disguised naturists but places that are worth trying are: Free Beaches, Naturist Clubs, and Naturist Holiday Centres.

Arriving at one of these places you will find it quite easy to identify the Naturist Woman, she will be more or less naked. Do not make the mistake of thinking that a very small bikini or monokini means a woman is a naturist. Small strips of bright cloth tied around the breasts and genitals normally denote a Textile Exhibitionist, a brightly coloured and very attractive member of the female species. The TE has very different reactions to the naturist and you are likely to be arrested by the police (again, so soon after Tesco's) if you indulge in any naturist activity in her vicinity.

Once you are sure you have found a Naturist Woman, you

can open a conversation as follows:

1. *Didn't I see you last year on the cover of the INF guide?*

2. *Didn't I see you last year at the Nude and Natural swimming gala?*

These openings are designed to convince the Naturist Woman that you are a Naturist Man.



*Love on the rocks?*

You may have thought that wandering around stark naked would be enough, but you would be wrong! There are a wide variety of stark naked wanderers including the Nutter, the Pervert and the Bloody Nuisance, and it is better not to be confused with any of them.

If your Naturist Woman responds pleasantly to your conversation, you can extend the discussion into holidays abroad, club membership and wood fired saunas.

If she seems rather nervous and on edge, you should assume that she is awaiting the arrival of her partner Aggressive Naturist Man. This is likely to be very unpleasant for you, as ANM is always bigger than you are!

### BASIC GUIDELINES

Be at least six feet tall.  
Have perfect white teeth  
Earn at least half a million a year  
Play professional rugby  
Drive a Rolls Royce



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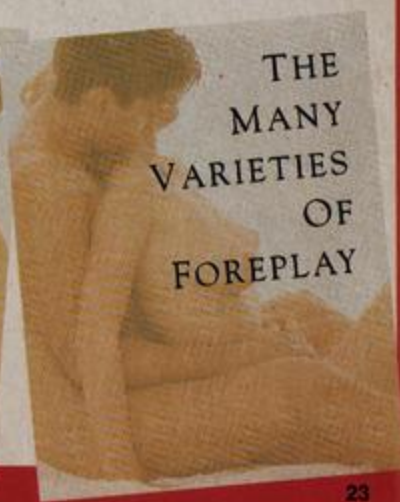
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